

Vewsletter: Autumn 14

Castle Cary Primary School Castle Cary Primary School, Park Street, Castle Cary, Somerset BA7 7EH Email: admin.castlecary@acexcellence.co.uk Headteacher: Sarah Martin B.Ed. (Hons) Dear Parents, Friday 13th December As we go into a really busy week next week but please keep smiling, we are almost there!!! Things for next week: Monday Mufti - Horsepond Tuesday Starfish Nativity in the Church 2pm Octopus and Swordfish classes singing Carols at the Old People's homes Wednesday Christmas lunch - mufti and Christmas jumpers Sea Otter and Turtle exhibition 3:20pm Friday Carol Service years 1 - 6 School closes at 2:30pm after the carol service (please pick up from the school site) There will be class parties and a panto to watch too but the timings of these will be different for each class. House point results 1st Horse Pond 921 points 2nd Lodge Hill 838 points 3rd Market Place 750 points 4th Round House 665 points Horse Pond will have a Mufti Day on Monday - well done 😊 **PTFA Hampers** The draw was made for the hampers today. They were fabulous - well done if you were a winner!! All winners will be notified to collect. Cary's Christmas Thank you and a HUGE well done to all the children who took part in dancing and singing at Cary's Christmas event last night. You were total superstars, and I was proud of you all. Mobile phone policy If your child walks to school on their own and brings their mobile phone, we are asking you to complete a permission form which can be collected from the office. This is an update from our mobile phone policy which can be found on the school website. Online safety policy There is an updated online safety policy on the school website. We take online safety

very seriously as a school and we will be sending out new Acceptable User Agreements for all pupils early next term which you will be asked to read and sign to agree to your child using ICT systems and the internet in school. Please do take time to look at the policy.

TINK - Tuning into Kids





Emotion Coaching

A six-session parenting course for parents of children aged 3-12 years Would you like to learn ways to support your child's communication?

- explore different ways to talk with your child
- learn ways to connect with your child
- help your child learn to manage and understand their emotions
- help to tune into your child's behaviour
- teach your child to navigate their way through childhood

Tuning in to Kids® shows you how to help your child develop *emotional intelligence*. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

The course will be delivered with an informal, relaxed approach where parents have opportunities to explore new ways to support their children's emotions within a small group. There will be refreshments on offer and Maxine and Kelly will offer a friendly face each week as you learn more about emotion coaching together.

If you would like to find out more or register for a place, please email <u>admin.castlecary@acexcellence.co.uk</u> or come into Castle Cary Primary School.

Where: The Market House, Market Place, Castle Cary BA7 7AH When: Monday 20th January 2025 for six weeks with a break during half term Mental Health support team

Calling all Parents & Carers!

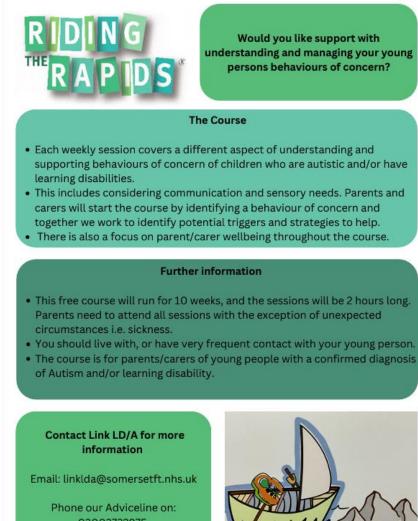
The MHST (Mental Health Support Team) are offering a series of FREE helpful webinars over **Spring 2025**.

- Supporting your neurodivergent child
- Supporting exam and test wellbeing
- Helping your child to thrive: Boosting self-esteem & resilience
- Understanding and supporting anxiety and low mood
- Supporting your child's big feelings

Find out more & register here: <u>https://bit.ly/mhstwebinarsspring2025</u>



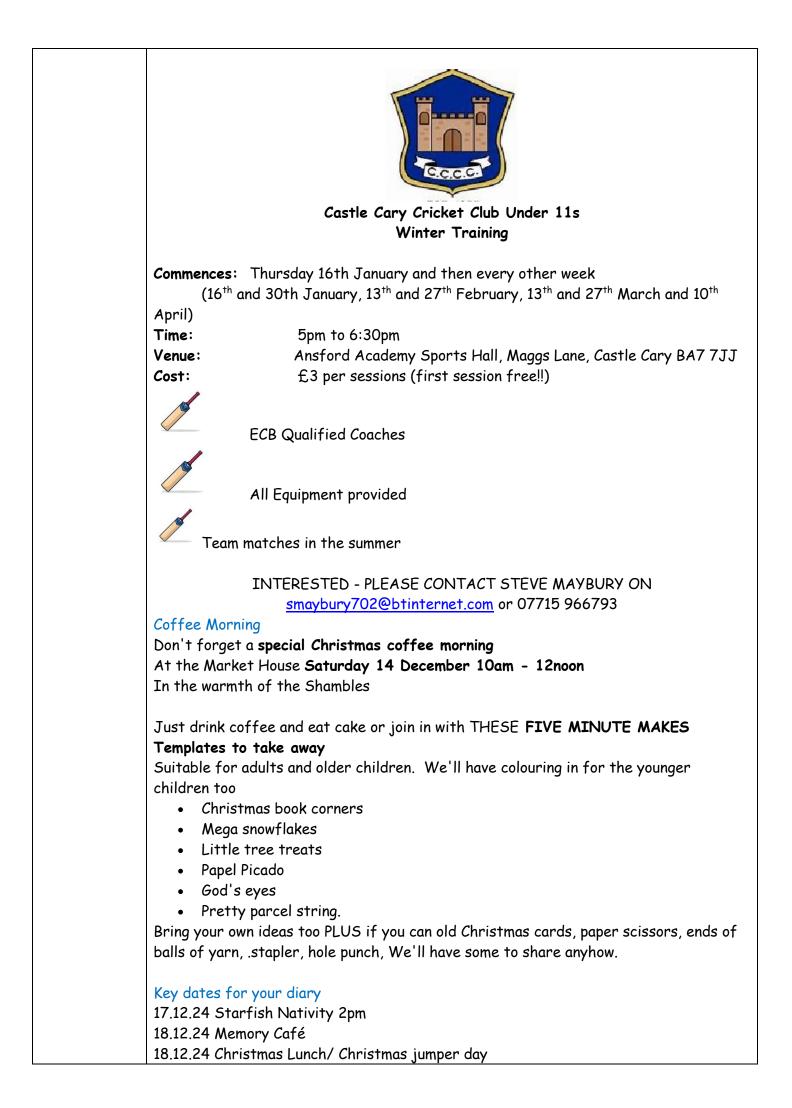
Things happening in our community



03003732975 (open Wednesdays 12.30-14.30 and Fridays 8.00-10.00)



If interested, please contact us



18.12.24 Sea Otter and Turtle exhibition 20.12.24 Carol Service 2pm 20.12.24 School Closes 2:30pm 6.1.25 INSET



Starfish - Huey Bryant Sea Otter - Amelia-Mai Mason Turtle - Molly-Kate Collins Dolphin - Chriselda Kazingizi Octopus - Tiger-Lily Summerbell Swordfish - Harrison Caines Jellyfish - Freya Stanbury Head teacher's award - Taylor James Treleaven-Johnson

Sarah Martin

Please remember to use this notification if your child is feeling under the weather when you bring them to school so we can keep an eye on them!

